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HARVEY KARP, M.D.

Author of THE HAPPIEST TODDLER ON THE BLOCK



**FULLY
REVISED
AND
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EDITION**

**The
Happiest Baby
on the Block**

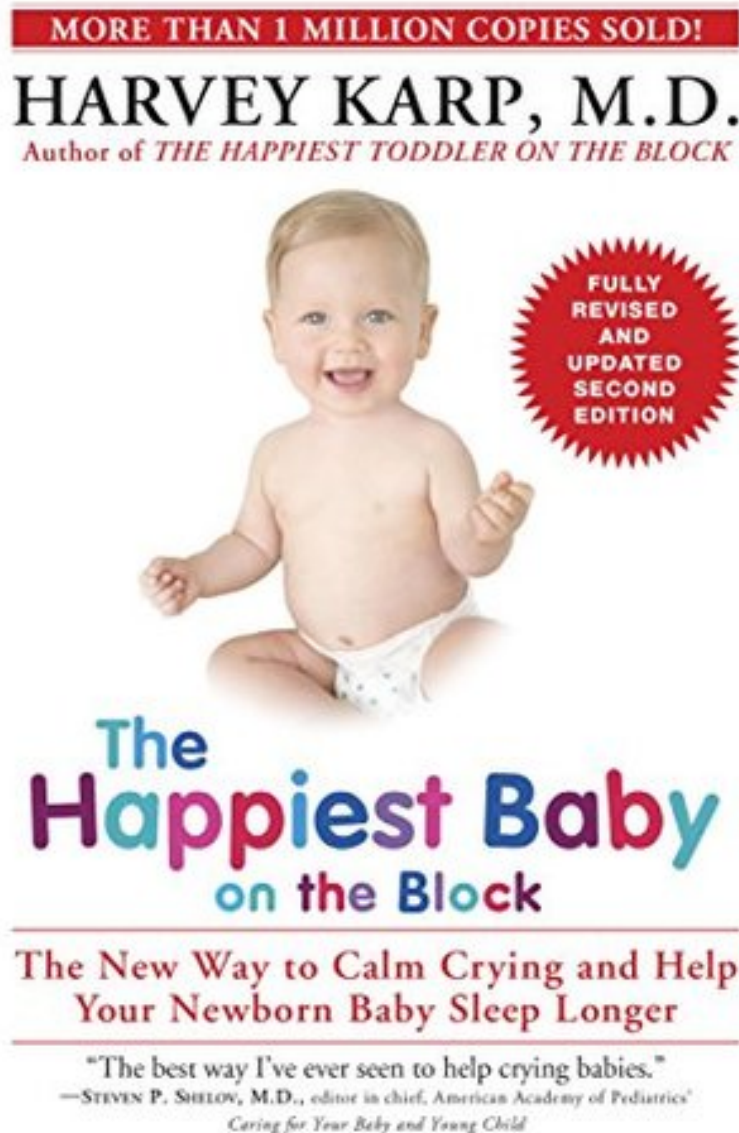
**The New Way to Calm Crying and Help
Your Newborn Baby Sleep Longer**

"The best way I've ever seen to help crying babies."

—STEVEN P. SHELOW, M.D., editor in chief, *American Academy of Pediatrics'*

Caring for Your Baby and Young Child

The Happiest Baby on the Block: The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer
by Harvey Karp



Synopsis:=====

NEVER AGAIN WILL YOU HAVE TO STAND BY HELPLESSLY WHILE YOUR LITTLE BABY CRIES AND CRIES. THERE IS A WAY TO CALM MOST CRYING BABIES . . . USUALLY IN MINUTES! ? Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book?fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk?can teach you too! Dr. Karp?s highly successful method is based on four revolutionary concepts: ?1. The Fourth Trimester: Why babies still yearn for a womblike atmosphere . . . even after birth2. The Calming Reflex: An ?off switch? all babies are born with3. The 5 S?s: Five easy steps to turn on your baby?s amazing calming reflex4. The Cuddle Cure: How to combine the 5 S?s to calm

even colicky babies ? With Dr. Karp's sensible advice, parents and grandparents, nurses and nannies, will be able to

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