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What Parents and Teachers Really Need to Know to Empower  
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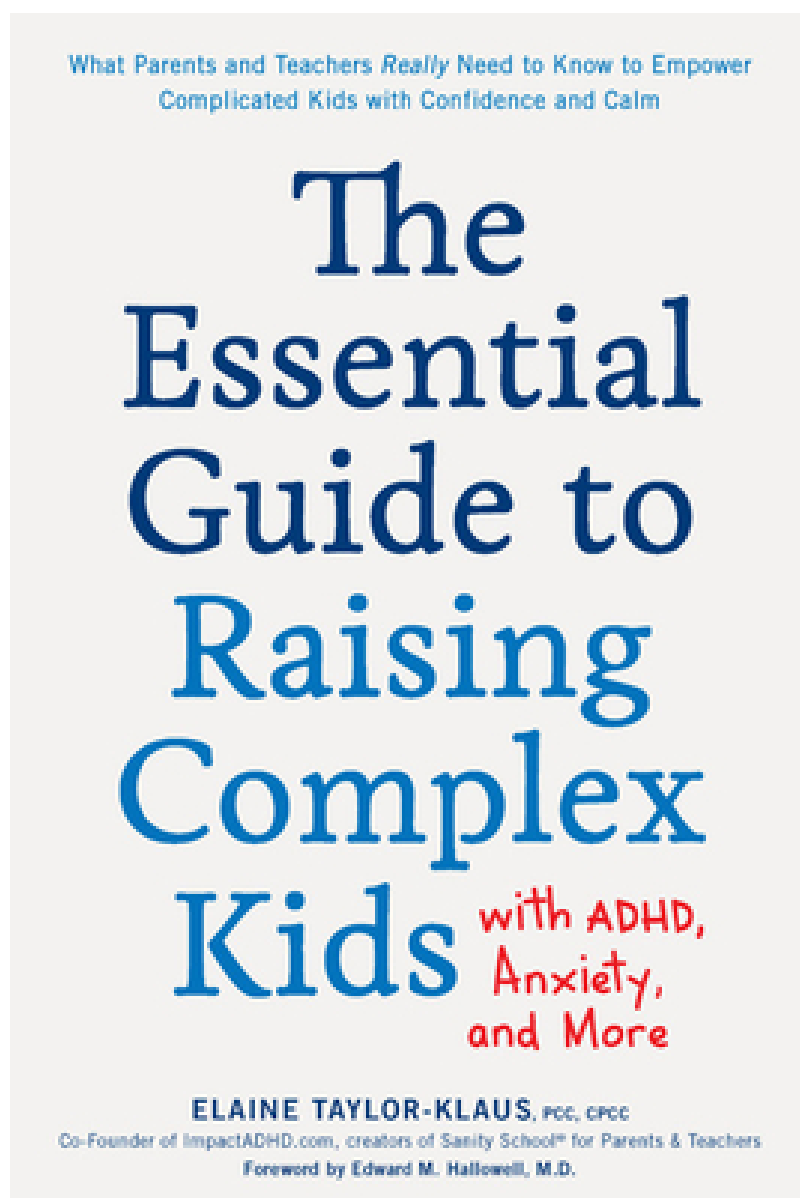
# The Essential Guide to Raising Complex Kids *with ADHD, Anxiety, and More*

**ELAINE TAYLOR-KLAUS, FCC, CPCC**

Co-Founder of ImpactADHD.com, creators of Sanity School® for Parents & Teachers

Foreword by Edward M. Hallowell, M.D.

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by Elaine Taylor-Klaus



## Synopsis:=====

The Essential Guide to Raising Complex Kids teaches parents and professionals how to be an effective parent when raising children with ADHD, anxiety, and other complex conditions and how to guide kids on a path to a healthy, happy, well-adjusted life. A wake-up call, a clear guide for action, and a message of inspiration, this book provides a reality-based recipe for how to do a masterful job of raising complex kids, while not making yourself (or your family) crazy in the process. Parenting expert Elaine Taylor-Klaus, co-founder and CEO of ImpactADHD.com, will walk you through their proven coach-approach method, which shows all parents, in simple steps, how to identify challenge areas and how to use critical tools to parent simply, clearly, and effectively for everyone's benefit. It doesn't much matter if your child has ADHD, or

anxiety, or learning disabilities, or sensory processing, or ODD, or autism, or depression, or attachment issues?or?celiac disease or food allergies, for

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