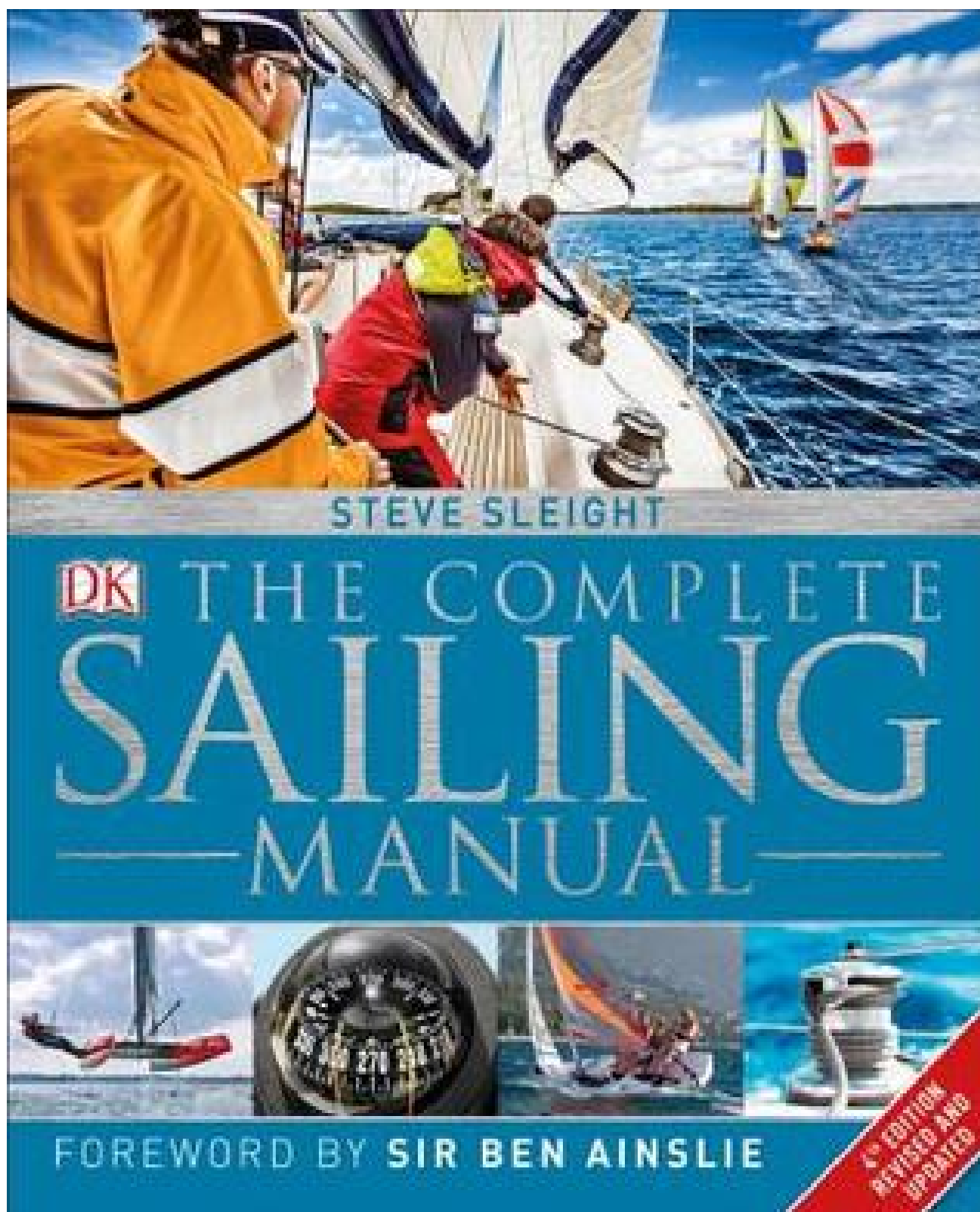
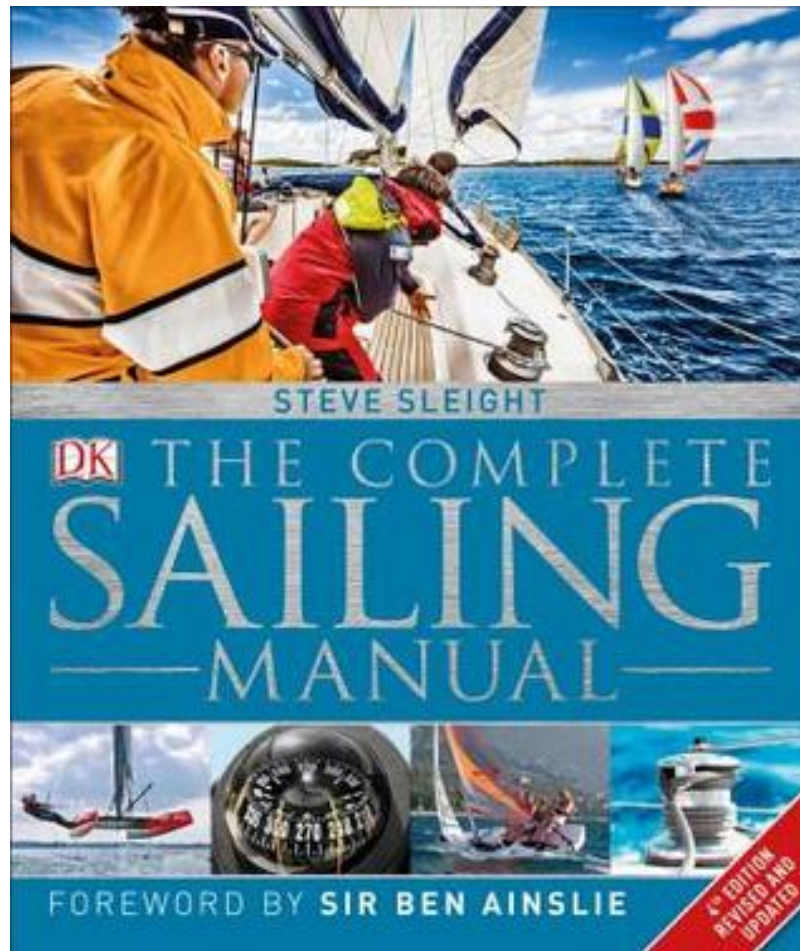


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**The Complete Sailing Manual**  
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## Synopsis:=====

An essential reference book for sailing enthusiasts, now in its fourth edition with a foreword by quadruple Olympic gold medalist Ben Ainslie. Learn the basics of sailing, master navigation, and maintain your boat with *The Complete Sailing Manual*, written by instructor and former British national champion Steve Sleight. This authoritative text has clear, annotated diagrams and photographs that answer questions about any sailing situation with thorough coverage of all aspects of sailing and boat ownership. Look up how to rig a dinghy, tie basic knots, or save someone who fell overboard. Revised and updated to include the latest developments in equipment, safety, and activities, including foiling, long-distance cruising, and high-speed, apparent wind-sailing, and newest technology such as modern performance systems and electronic navigation. All rules, regulations, and best practices are also up to date. From the novice to the experienced sailor, *The Complete Sailing Manual* is the perfect

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