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MICHAEL S. SORENSSEN

# I HEAR YOU

THE SURPRISINGLY  
SIMPLE SKILL BEHIND  
EXTRAORDINARY  
RELATIONSHIPS

**I Hear You: The Surprisingly Simple Skill Behind Extraordinary Relationships**  
by Michael S. Sorensen

MICHAEL S. SORESENSEN



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## Synopsis:=====

What if making one tweak to your day-to-day conversations could immediately improve every relationship in your life? In this 3-hour, conversational read, you'll discover the whats, whys, and hows of one of the most valuable (yet surprisingly little-known) communication skills-validation. Whether you're looking to improve your relationship with your spouse, navigate difficult conversations at work, or connect on a deeper level with friends and family, this book delivers simple, practical, proven techniques for improving any relationship in your life. Mastery of this simple skill will enable you to: Calm (and sometimes even eliminate) the concerns, fears, and uncertainties of others Increase feelings of love, respect, and appreciation in your romantic relationships Quickly resolve, or even prevent, arguments Help others become open to your point of view Give advice and feedback that sticks Provide support and encouragement to others, even when

you don't know how to "fix" the problem And much

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