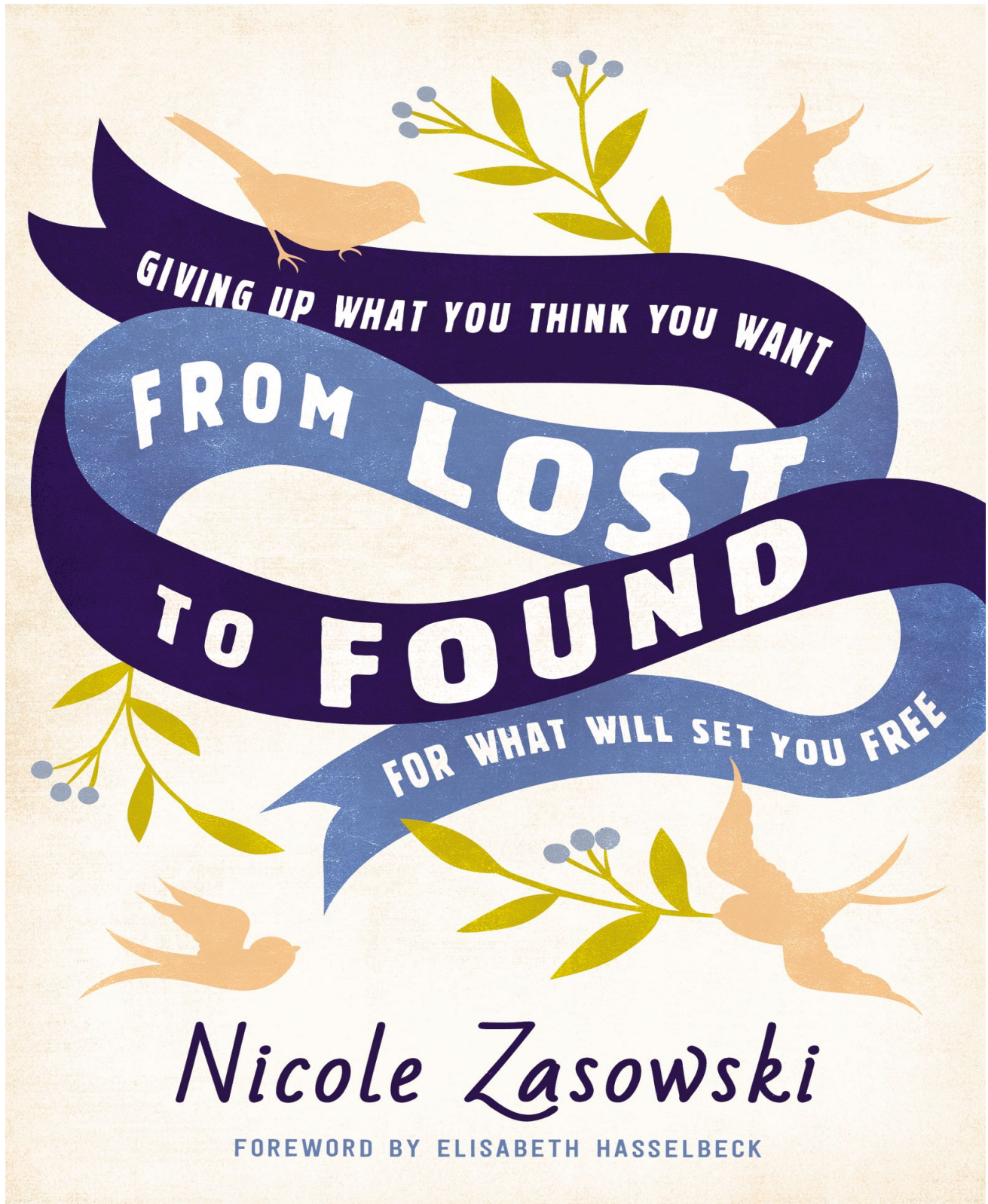
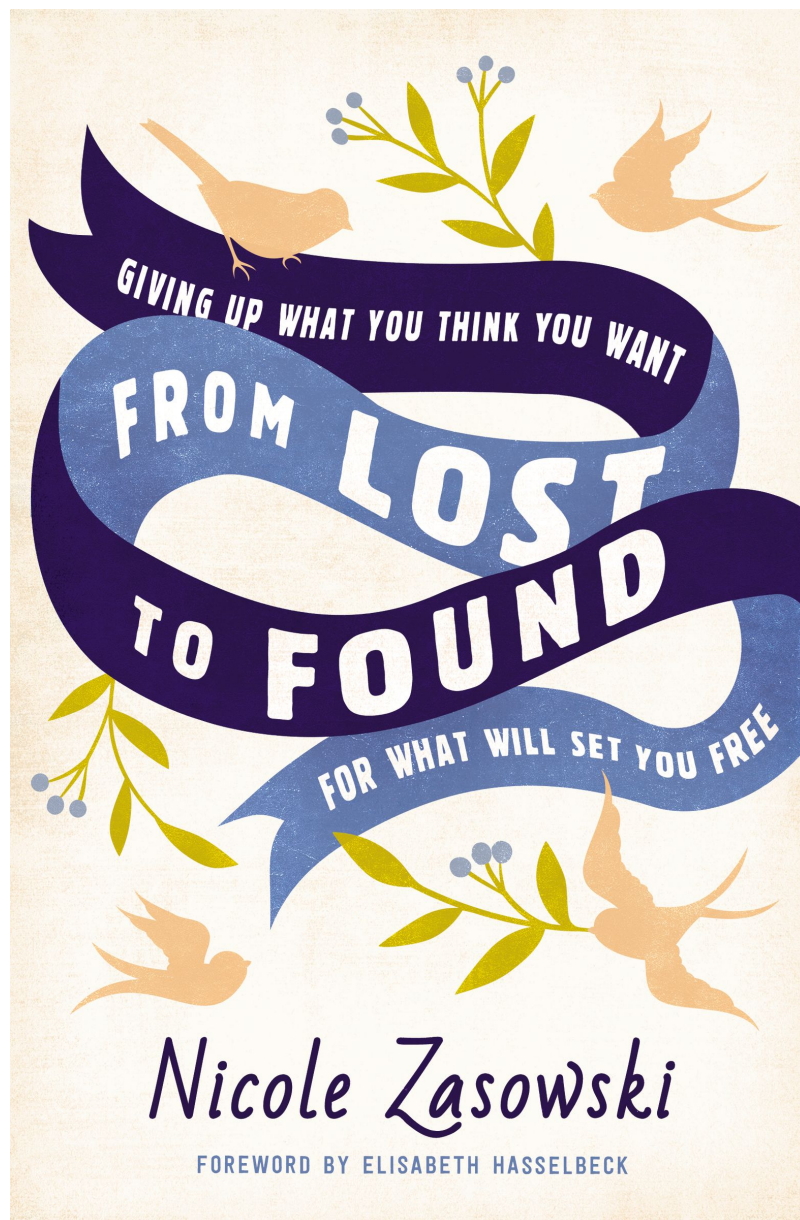


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**From Lost to Found: Giving Up What You Think You Want for What Will Set You Free**  
by Nicole Zasowski



## Synopsis:=====

Being Lost is the First Step to Getting Found?As a marriage and family therapist, one of Nicole Zasowski's greatest joys is helping her clients grow in emotional freedom. What she couldn't see for many years is that she was living her own life outside of that freedom, clinging to behaviors like shame, performance, and control in order to feel valued and safe.It was only when she was confronted with her own devastating pain and loss that Nicole realized her current way of life was failing her. She then discovered that sometimes God's rescue looks like prying our fingers off what we think we want so that we can receive what we truly need. And often, on the far side of pain we don't prefer, we find transformation we would not trade.?In From Lost to Found, Nicole shares her story as she helps usname what we fear losing most,identify how our reactive behaviors are failing us,discover what joy we can find in letting go, andmove forward in the freedom God has for us.God is writing a story



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