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# BIRTH MATTERS

*a midwife's manifesta*



*From America's leading midwife,  
author of INA MAY'S GUIDE TO CHILDBIRTH*

## INA MAY GASKIN

FOREWORD BY ANI DIFRANCO

**Birth Matters: A Midwife's Manifesta**  
by Ina May Gaskin



## Synopsis:=====

Renowned for her practice's exemplary results and low intervention rates, Ina May Gaskin has gained international notoriety for promoting natural birth. She is a much-beloved leader of a movement that seeks to stop the hyper-medicalization of birth?which has lead to nearly a third of hospital births in America to be cesarean sections?and renew confidence in a woman's natural ability to birth.Upbeat and informative, Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. Birth Matters is a spirited manifesta showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

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