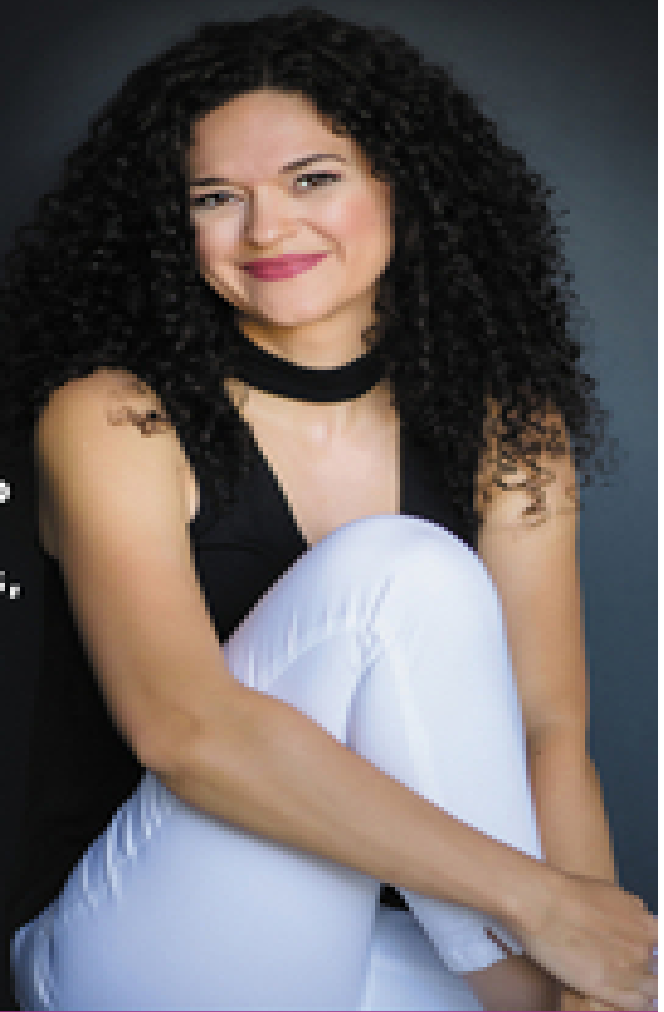


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BEYOND THE PILL

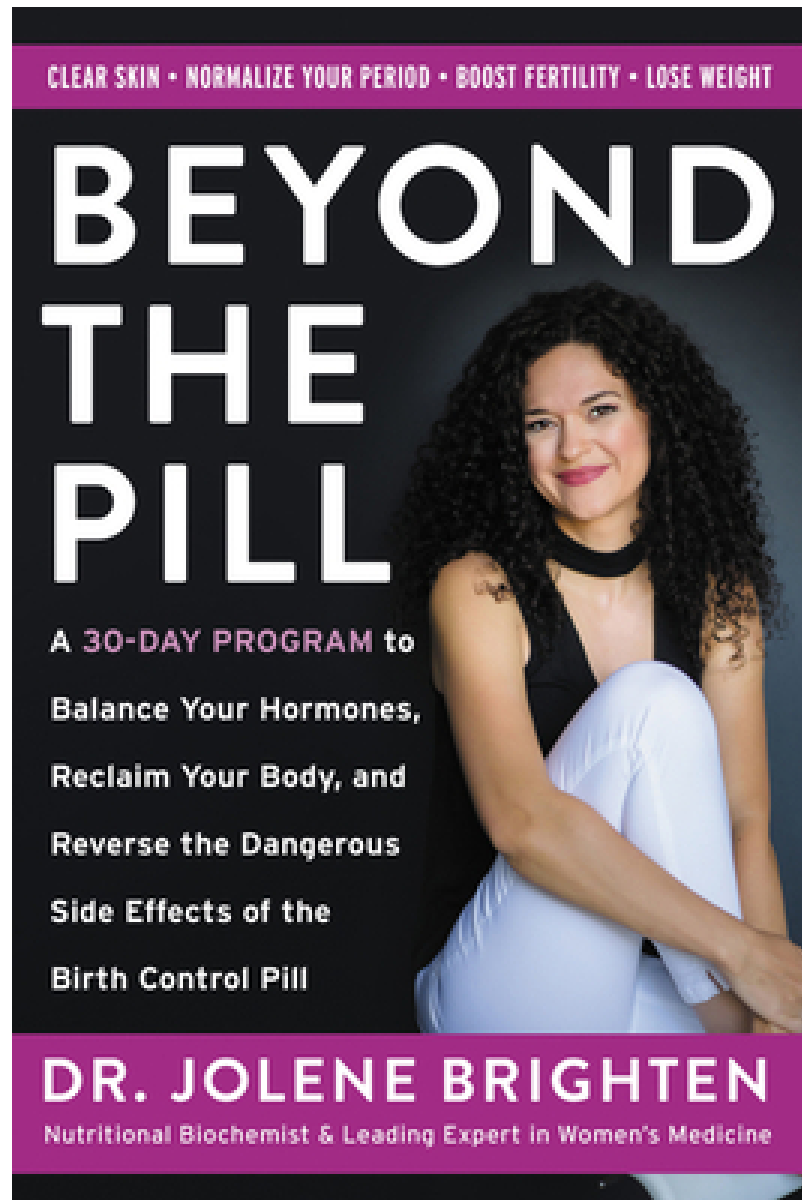
A 30-DAY PROGRAM to
Balance Your Hormones,
Reclaim Your Body, and
Reverse the Dangerous
Side Effects of the
Birth Control Pill



DR. JOLENE BRIGHTEN

Nutritional Biochemist & Leading Expert in Women's Medicine

Beyond the Pill: A 30-Day Program to Balance Your Hormones, Reclaim Your Body, and Reverse the Dangerous Side Effects of the Birth Control Pill
by Jolene Brighten



Synopsis:=====

Out of the 100 million women?almost 11 million in the United States alone?who are on the pill, roughly 60 percent take it for non-contraceptive reasons like painful periods, endometriosis, PCOS, and acne. While the birth control pill is widely prescribed as a quick-fix solution to a variety of women?s health conditions, taking it can also result in other more serious and dangerous health consequences. Did you know that women on the pill are more likely to be prescribed an antidepressant? That they are at significantly increased risk for autoimmune disease, heart attack, thyroid and adrenal disorders, and even breast and cervical cancer? That the pill can even cause vaginal dryness, unexplained hair loss, flagging libido, extreme fatigue, and chronic infection. As if women didn?t have enough to worry about, that little pill we?re taking to manage our symptoms is only making things worse.Jolene Brighten, ND, author of the groundbreaking new

book BEYOND THE PILL, specializes in treating

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