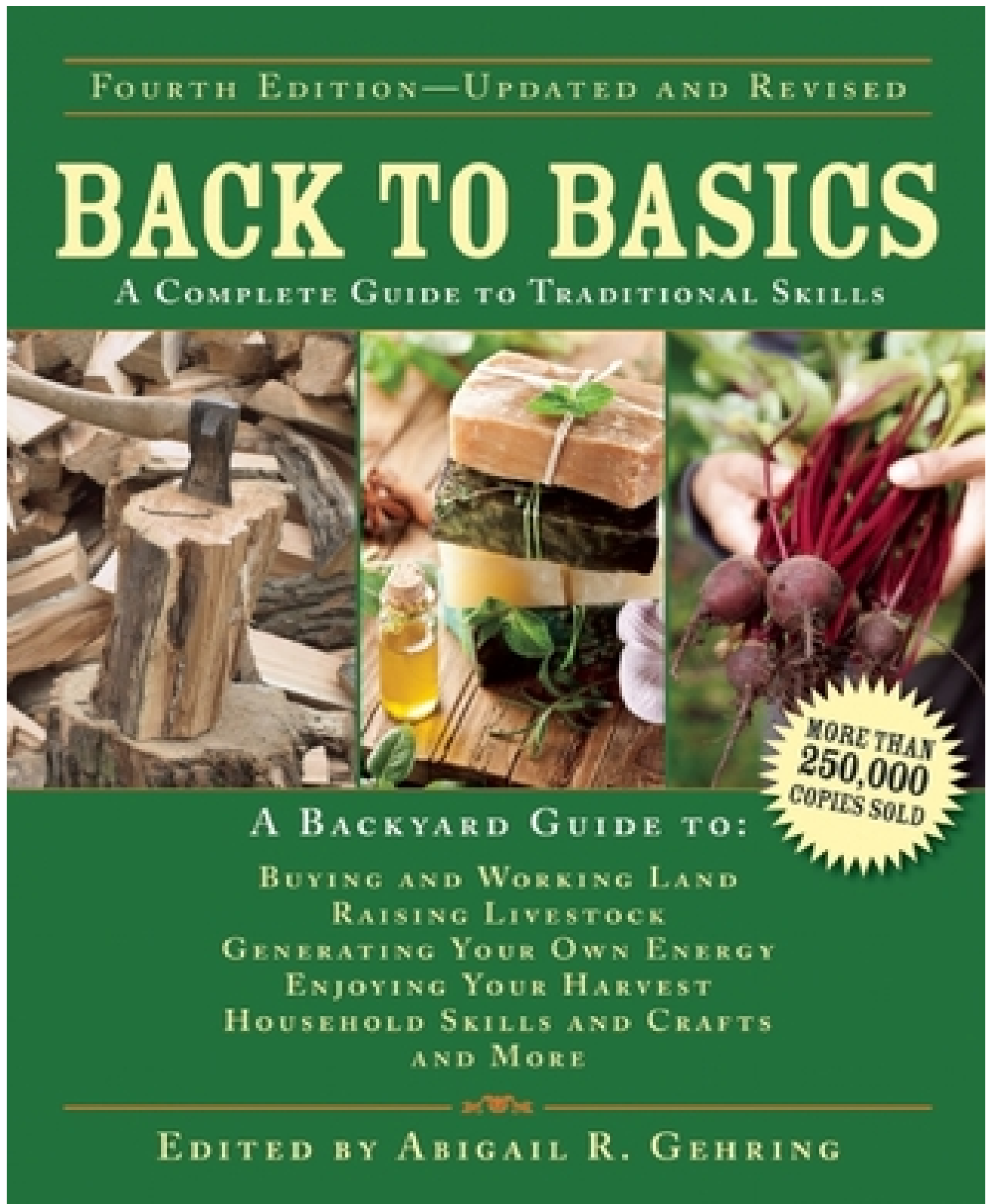
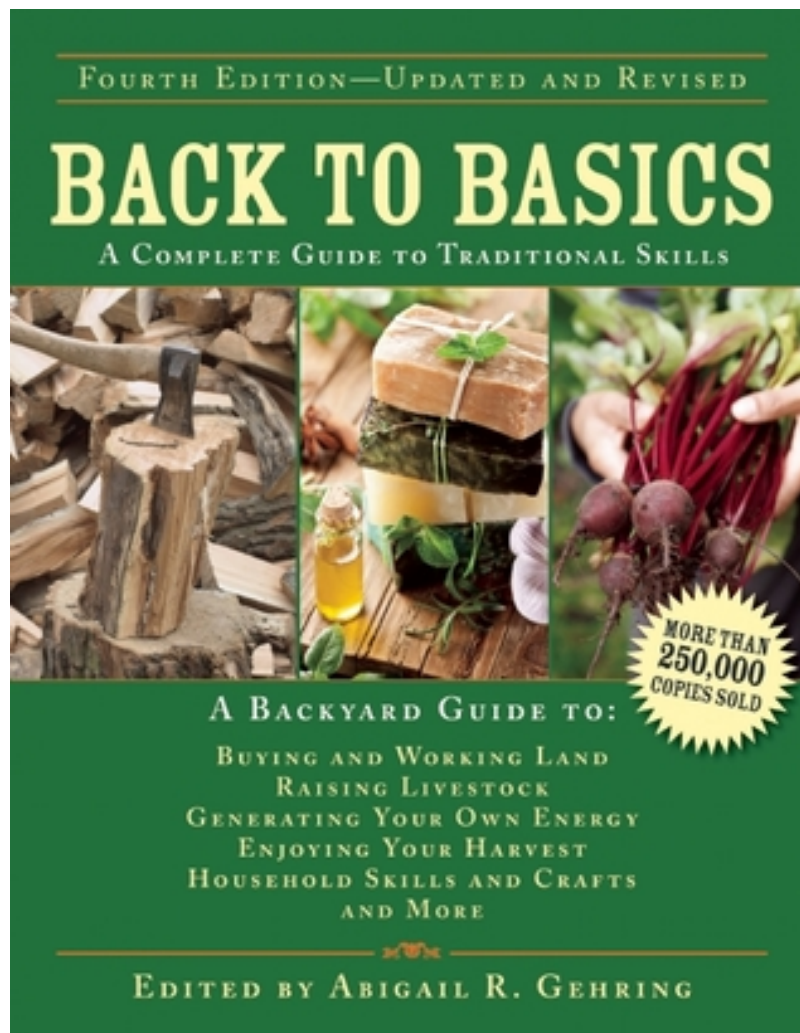


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Back to Basics: A Complete Guide to Traditional Skills
by Abigail R. Gehring



Synopsis:=====

Over 200,000 copies sold?fully updated! Dye your own wool, raise chickens, make your own cheddar cheese, build a log cabin, and much much more.Anyone who wants to learn basic living skills?the kind employed by our forefathers?and adapt them for a better life in the twenty-first century need look no further than this eminently useful, full-color guide.Countless readers have turned to Back to Basics for inspiration and instruction, escaping to an era before power saws and fast-food restaurants and rediscovering the pleasures and challenges of a healthier, greener, and more self-sufficient lifestyle.Now newly updated, the hundreds of projects, step-by-step sequences, photographs, charts, and illustrations in Back to Basics will help you dye your own wool with plant pigments, graft trees, raise chickens, craft a hutch table with hand tools, and make treats such as blueberry peach jam and cheddar cheese. The truly ambitious will find instructions on how to build a log cabin or an adobe

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