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Addicted **TO PAIN**



**Renew Your Mind And Heal Your Spirit
From A Toxic Relationship In 30 Days**

RAINIE HOWARD

**Addicted to Pain: Renew Your Mind & Heal Your Spirit from a Toxic Relationship in 30 Days
by Rainie Howard**

Addicted **TO PAIN**



Synopsis:=====

Addicted To Pain Book Description The obsession of a toxic or abusive relationship can have the same enticement as drugs or alcohol. The pattern echoes time and time again: a new significant other draws you into a new relationship that starts off loving and alluring only to develop into a hurtful or abusive cycle.

People who have a healthy understanding of "true love" do not tolerate this kind of pain. He or she will move on in search of a healthier bond. It's an unhealthy view on love that will rationalize the toxic behavior and cling to abusive relationships long after they should have ended. Like any other addiction those hooked on a toxic love and an emotionally abusive relationship; have no control over excessive urges to text, call, manipulate or beg for love, attention and affection. They want help. They want to end the pain and recover, but it's just like trying to shake a drug habit. Ranked one of the top bestseller abusive relationship books,

Addicted to Pain reveals the

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